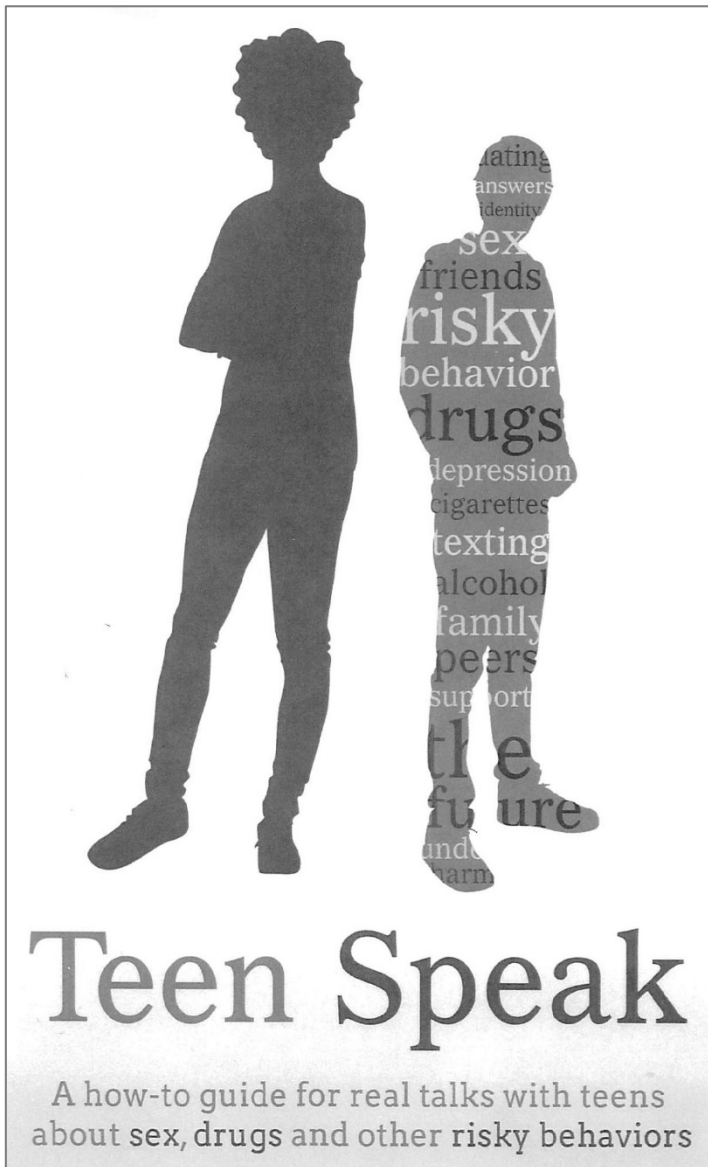


# Teen Speak

## - Parent Focused Workshops -



Tlingit & Haida's Navigators program, in partnership with Possibilities for Change, is pleased to offer **Teen Speak** – a parent focused workshop that provides guidance on how to have real talks with teens on difficult subjects. The workshops are free and open to all tribal citizen families. Attendees will complete online training modules (4 hrs.) and participate in two workshops (2 hrs. each).

### WORKSHOP 1

Mondays 5:30-7:30 pm

**Part 1: May 7, 2018**

**Part 2: May 21, 2018**

**Register Now (Deadline April 27th):**

[www.surveymonkey.com/r/teenspeak1](http://www.surveymonkey.com/r/teenspeak1)

### WORKSHOP 2

Mondays 5:30-7:30 pm

**Part 1: July 9, 2018**

**Part 2: July 23, 2018**

**Register Now (Deadline June 15th):**

[www.surveymonkey.com/r/teenspeak2](http://www.surveymonkey.com/r/teenspeak2)



*"Teen Speak offers practical, easy to understand strategies for improving communication and strengthening your relationship with your teen."*

- Carrie Tarry, State of Michigan Adolescent Health Coordinator & Parent of Two Teens

*"Teen Speak is the closest thing to an owner's manual for parents of teenagers. They will find insight about their developing teens and practical advice and guidance on how to support healthy parent-teen relationships."*

- Dr. Terri D. Wright, American Public Health Assoc.

For more information on how to register for the *Teen Speak* workshops or questions on the Navigators program, please call 907.463.7348 or email [navigators@ccthita-nsn.gov](mailto:navigators@ccthita-nsn.gov)

***Navigators Program • Choosing Life's Direction***