



CENTRAL COUNCIL
Tlingit and Haida Indian Tribes of Alaska

Tlingit & Haida Head Start Administration
9097 Glacier Highway • Juneau, Alaska 99801

Physical Exam and Screenings Required (3 to 5 Years Old)

Date: _____ Child's Age: _____ Allergies: _____

Height (inches): _____ (_____ %) Weight (lbs/oz): _____ (_____ %) / (BMI _____)

Vision Uncorrected: Right: _____ Left: _____ Both: _____ OR Vision Corrected:
Right: _____ Left: _____ Both: _____

Hearing: Right: _____ Left: _____

Hemoglobin/Hematocrit: Date: _____ Result: _____

Lead Screening: Date: _____ Result: _____

Tuberculin Test, PPD (Required): Date: _____ Result: _____

BP: _____ (BP required)			
Temp _____			
Pulse _____			
Resp _____			
	WIC	DKC	DDS
Informed			
Enrolled			
Referred			

(TB required only once at age 3 years or older - if not tested at 3 years. Please indicate last date & result since age 3)

Assessment Codes: ✓ - Normal	U - Under
O - Observe/ watch	Z- Unable to
R - Referred	
Physical Assessment	
General Appearance	
Growth	
Head	
Eyes/Gross Vision	/
Ears/Gross Hearing	/
Nose/Mouth/Throat	/ /
Teeth/Gums	/
Lymph Nodes	
Skin	
Lungs	
Heart	
Abdomen	
Genitalia/Breasts	/
Muscular Skeletal	
Neurological	
Nutritional Status	
Develop/Emotional	/
Social History	
Health History	

Child's Medical Home:
Dental Home:
Subjective/Objective: Head Start Physical & Screenings
Assessment/Plan:
Next Visit:

Parent Please Complete:
Child's Name: _____
Date of Birth: _____ **Sex:** _____
Community: _____
Head Start Program: _____
Insurance Provider: _____

Health Provider Signature: _____
 Provider (clinic & Doctor's/PA's) name in print please:

 Date: _____ Ph #: _____

Parent /Guardian Signature for Permission _____
 Mail or fax a copy of physical & screenings to Head Start:
 Health & Nutrition Coordinator, Mail to: Tlingit & Haida Head Start
 Fax to 877-389-7796 9095 Glacier Highway Juneau, AK
 Phone 907-463-7127 Juneau, Alaska 99801

All screenings listed in this exam are Head Start requirements except temperature, Pulse and respirations.